



**THE
OUTWARD
BOUND TRUST**

EXPERIENCE IT FOR YOURSELF

**AND FIND OUT WHY OUTWARD
BOUND BRINGS OUT THE BEST
IN YOUR STUDENTS**



**FREE
TASTER
COURSE**



WHO ARE WE?

The Outward Bound Trust is an educational charity that helps develop young people naturally through challenging outdoor experiences

Research findings published in our Social Impact Reports confirm that these experiences increase pupils' confidence, resilience and social well-being – skills that are sought after in education and employment and underpin successful social development.

STAFF BENEFIT TOO

Our evaluation team have extended their research to include findings on the benefits of an Outward Bound® experience for teachers. Our research indicates that teachers derive a range of both personal and professional benefits from accompanying their pupils on their Outward Bound course. Visit outwardbound.org.uk/sir to read our full report.



95%
OF STUDENTS IMPROVE
THEIR RESILIENCE AS
A RESULT OF THEIR
OUTWARD BOUND
COURSE



COME AND TRY IT FOR REAL!

We would like to invite you and/ or a teaching colleague to experience the benefits of Outward Bound first-hand at one of our **FREE** education taster courses taking place.

VISIT [OUTWARDBOUND.ORG.UK/TASTER](https://outwardbound.org.uk/taster) TO FIND OUT THE LATEST DATES, AGENDA AND TO REGISTER.





THE
OUTWARD
BOUND TRUST

FEEDBACK FROM OUR RECENT TASTER COURSES

“

IT WOULD SUIT THE NEEDS
OF OUR YOUNGSTERS.
EXCELLENT EXPERIENCE
THAT WOULD REALLY
ENHANCE THE LIVES OF
OUR PUPILS.”

Lynn McLaughlin, Plockton
High School

“

BEING HERE AND EXPERIENCING
THE ENVIRONMENT MADE
THE LEARNING POTENTIAL SO
EVIDENT. I WAS CONSTANTLY
COMING UP WITH NEW IDEAS TO
IMPROVE MY OWN PRACTICE -
SO MUCH POTENTIAL.”

David Woods, Aboyne Academy



WWW.OUTWARDBOUND.ORG.UK @OUTWARDBOUNDUK
#SKILLSFORLIFE TEL: 01931 740000

® Outward Bound and the Compass Rose are each registered trademarks of The Outward Bound Trust. Registered charity no: 1128090 in England and Wales; no: SC040341 in Scotland. company reg no: 6748835